



OTC Going for Gold Nymburk 2019

Czech Republic March 04-10, 2019

1. Date

March 4th - 10th 2019

Training program is attached to the outlines!

2. Organizer

Czech Judo Federation Zátopkova 100/2 160 17 Praha 6 / Czech Republic Tel. Number: +420 233 355 280 E-mail:czechjudo@czechjudo.cz

Emergency Contact:

3. Venue

Sports Center

Sportovní 1802 288 35 Nymburk Czech Republic

4. Participation

EJU / IJF Member Federations can participate at the OTC.

European Judo Union Head Office Vienna Wehlistrasse 29/1/111 1200 Vienna, Austria Mr. Pavel VOLEK, +420 603 854 221

5. EJU Participation Fee

30 € per participating athlete of EJU Member Federations 100 € per participating athlete of Non-EJU Member Federations

6. Age

15 years old and over (Born in 2004 and before)

7. Responsibility of the Federations

The athletes will train under the full responsibility of their National Federations. Each National Federation is responsible for insuring its judoka against 'injury and third part risk (public liability)' during the period of the camp. The European Judo Union and Czech Judo Federation decline all responsibility.

8. Facilities

Central hall 1000 m2 tatami, two multipurpose halls, each 600 m2, weight lifting rooms with barbells, machines, 1 fitness room - spinning, etc.

Athletic training track with tartan lanes, running tracks in a park, football fields with grass or artificial surface.

Swimming pool 25m with 2 x sauna, spa area - hot pool with air massage, jacuzzi, sauna. Massage rooms on each floor.

Leisure time games (darts, billiard, table tennis, etc.). Cafeteria with optional service.

9. Transport

Airports: Prague (PRG) 20 € return way per person

Railway station: Nymburk

10. Accommodation

Hotels in 3 different categories are offered.

Sports Centre	Price per person per 1-5 nights	Price per person per 6 nights
Full Board Double/Triple room	350 €	420 €
Full Board Single	550 €	660 €

Hotel Ostrov****	1-3 nights	Extra night
(800 meters from the Sports Centre)		_
Full Board Double/Triple room	270 €	90 €
Full Board Single	330 €	110 €

Various Hotels (max. 10 mins. drive from the Sports Centre, transport will be provided)	Price per person per night	
Full Board Double/Triple room	70 €	
Full Board Single	95 €	

Reservations will be processed strictly according to the date of your booking. In case your chosen category is fully booked, you will be informed and requested to make a new reservation. In case that the Official Hotels are fully booked the organizers reserve the right to arrange accommodating in another hotel of the same standard for the prices mentioned above.

All participants of the training camp must stay at the official hotels during its duration. Accommodation must be booked exclusively through the Czech Judo federation. Other persons shall not be accepted for training.

Check-out not later than 11:00 am, otherwise an additional night will be charged.

Full board is starting with dinner on the day of arrival, and ending with lunch on the day of your departure.

In case of any damage to hotel property or training venue caused by members of a delegation, their National Federation will be charged by the organizing committee.

11. Registration

Starts on March 4th at 10:00 at the Sports Centre, Nymburk.

12. Deadlines

Reservation Form Hotel / Transport 3rd February 2019

xls format electronic only!

Payment before 3rd February 2019
Final Entry by name, Rooming list 3rd February 2019

doc format electronic only!

IMPORTANT: PDF FORMATS or HAND WRITING SHALL BE REJECTED.

13. Cancellation policy

After February 11th 2019: no refund

14. Payment

To confirm your entry, kindly complete the payment for accommodation **before February 3rd 2019** to our bank account. All bank fees and money transfer costs must be paid by the sender federation. **We regret not to accept credit cards**.

Name of bank: Moneta Money Bank

Vitezne nam. 2

160 00 Praha 6, Czech Republic

Account No. 181 060 351/0600

IBAN CZ14 0600 0000 0001 8106 0351

SWIFT address AGBACZPP
Purpose of payment OTC Nymburk

15. Visa

For nations who need VISA to enter the Czech Republic, please send the enclosed "Visa Application Form" fully filled not later than **February 3rd 2019**.

16. Training Support by EJU Refereeing Commission

EJU Referees will be present on Tuesday, March 05th 2019.

17. Media

One training session per week will be open for media. The final selection of these sessions will be announced with the final program handed out during accreditation.

18. Training program

4 March Monday	5 March Tuesday	6 March Wed.	7 March Thursday	8 March Friday	9 March Saturday	10 March Sunday
Arrivals of	9.00 - 10.30	9.00 -		9.00 -	9.00 - 10.30	
teams	11.00 - 12.30 MEN	MEN 11.00 - 12.30 WOMEN	Training by teams	MEN 11.00 - 12.30 WOMEN	11.00 - 12.30 MEN	Training by teams DEPARTURE
16.00 - 18.00	15.00 - 17.00	15.00 - 17.00	15.00 - 17.00	15.00 - 17.00	15.00 - 17.00	
WOMEN	WOMEN	MEN	WOMEN	MEN	WOMEN	Training
18.00 - 20.00	17.15 - 19.15	17.15 - 19.15	17.15 - 19.15	17.15 - 19.15	17.15 - 19.15	by teams DEPARTURE
MEN	MEN	WOMEN	MEN	WOMEN	MEN	

The program might be changed due to the final number of participants. An updated program including a detailed training schedule will be handed out during registration.